

2011 Competition Programme	Date / venue / grade / Long / Short	Date / venue / grade / Long / Short	Date / venue / grade / Long / Short	Date / venue / grade / Long / Short	Date / venue / grade / Long / Short
JANUARY			Burns meet 15 & 16		
FEBRUARY	Harrogate Open 5 & 6th	1500m Sunderland 13th L/C	N & D Youth Sunderland 19 & 20th		
MARCH	N & D Age groups 5 & 6th Middlesboro	N & D Age groups 12 & 13th Middlesboro		Sunderland open 26 & 27th L/C	
APRIL		S Tyneside Graded 9 & 10th		Radford Ponds Forge 24th & 25th April L/C	NER Youth Sat 30th Sheffield L/C
MAY	NER Youth Sunday 1st Sheffield L/C	Middlesboro Open 6th, 7th & 8th			
JUNE	NER Age Groups 4 & 5th Sheffield L/C	NER Age Groups 11 & 12th Sheffield L/C			
JULY				Age group Nationals 21st –25th L/C Sheffield	Youth Nationals 27th-31st L/C Sheffield
AUGUST					
SEPTEMBER					
OCTOBER TBC					
NOVEMBER TBC					
DECEMBER	NER Short Course 3rd & 4th Sunderland				
JANUARY 2012					 